



# HIGHGROVE HAPPENINGS

Real. Local. Truth.

Includes: Spring Mountain Ranch



IMPROVING OUR COMMUNITY by encouraging family, health and local discussions

(FREE) Local News for the Highgrove Area for 34 years

HighgroveHappeningsNewspaper.com

x.com/HighgroveNews

MAY 2026

"Why do we age? Why does cancer develop? What's the connection between heart failure and Alzheimer's disease, or infertility and hearing loss? (Can we extend lifespan, and if so, how?)... Many will be amazed to learn that all these questions, and many more, can be answered by a single point of discussion - **mitochondria and biogenetics.**"

- Lee Know, ND,

Author of LIFE: The Epic Story of Our Mitochondria

**Highgrove MAC (Municipal Advisory Council) Next Meeting: May 27th, 2026  
6pm at Highgrove Library  
530 W. Center Street**

### BE AWARE OF SPAMMERS!

Dynata.com is a known, and considered legitimate pollster. But there is also one called Dynata polls.com some claim to be spam by asking leading questions. They say they are just polling... but they may be **phishing** for info to use against you.

### Repairing Your Body (Pt.2 Cont. from April 2026)

I wish more people knew that the body can repair. It is well-supported by science that messed up cellular energy is at the foundation of many problems our bodies can have. But that there is also well-supported theory that even cells that reproduce wrongly (cancer) can repair!

This column will explore, one way to heal your cells or mitochondria. This will be a technique you can implement each month. IF you create a habit from each of these things, your energy and zest for life will be more than you ever dreamed possible - **you won't recognize your upleveled self by next year!**

How do I know? I started this program - one step at a time - years ago. What a difference this has made for me! So much so that I wrote a book to help others do the same. I will be doing classes to help my clients, but will let others sit in, so if you are interested get on my email list at the end of this story so you don't miss out.

This month's issue will focus on **a foundation for mitochondrial health** that will not only bring **more energy**, it will speed the rate your body **uptakes nutrients** and **gets rid of toxins**. Lets go! (Cont. P. 6)

**"Epigenetics literally means 'above' or 'on top of' genetics. It refers to external modifications to DNA that turn genes 'on' or 'off'. These modifications do not change the DNA sequence, but instead, they affect how cells 'read' genes."** -- *Livescience.com*



See P. 3

### **Please Don't Hurt Me. Tell on/STOP Those Who Do!**

#### **Californians overwhelmingly demand Voter ID**

Opponents say that requiring Voter ID would make voting inaccessible for some. But 1.3 million signatures of Californians say that we believe it is important to show ID when you vote.

Proponents say you need ID to drive, travel on a plane or get a job, why would you not need ID to vote? **What do you think?**

This will be going to the ballot and some say this is another sign of change for policies - not just in California - but across the nation.

Enjoy writing? Want to learn a skill set that could translate to making you, "future-proof"? The Highgrove Happenings Newspaper is looking for young interns to learn writing, marketing and modern skill-sets to benefit our community and youth.

See P. 7



# HIGHGROVE HAPPENINGS

## Help for Your June 2nd Election Decisions

Every election time, I find myself scrambling for information on the candidates I am not familiar with.

Finding a website with *non-biased information* on the topics important to you personally is critical.

We found that the way Chad Bianco handled Covid "requirements" and "restrictions" kept us safe in 2020 and positively influenced our decision to stay in California instead of moving as many friends and family did.

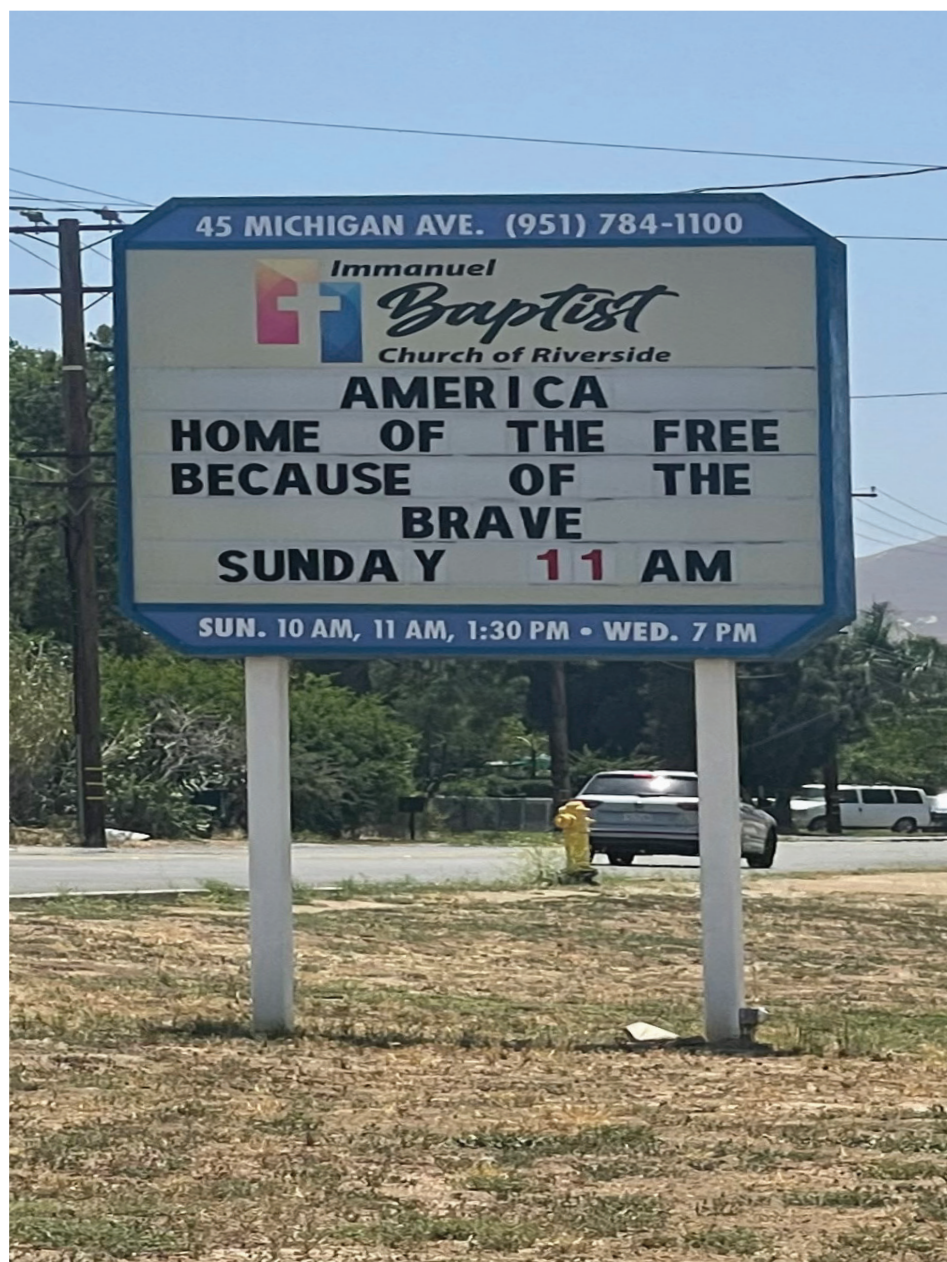
Whether you are voting for Chad Bianco or not, I highly recommend going to his website as many of the *top candidates are listed as well as important details* on each, such as:

- \*What is their current role?
- \*Where do they live?
- \*Do they have experience governing?
- \*What have they been responsible for?
- \*What is their net worth? \*Do they have big backers? Are they connected to the people keeping gas prices and corruption so high in California?



*"Sometimes healing isn't only about what treatments you choose.*

*Sometimes it's also about learning where your energy goes...I cannot fight [stress] and heal at the same time." - Metabolic Terrain Institute*





**Eat FREE on Your Birthday**

# dalbert's

## MEXICAN FOOD

**15% Senior Discount**

**22488 BARTON RD.**  
**GRAND TERRACE, CA 92313 909-533-4747**

**TACO TUESDAY**  
**HARD SHELL TACC**  
 CHOICE OF:  
**BEEF, CHICKEN, FISH or POTATO**



**MON-FRI**  
**\$9.99 Special!**  
**EVERYTHING**  
**BREAKFAST incl.**  
**Omelettes & Burritos**  
**(Secret Menu)**  
**ALL DAY**

*grab a Bowl Today!*

# Caldo de Pollo

*Chicken Soup*



**Fire, EMT, Nurse, Doctor**  
**ALL First Responders & Military**  
**15% off**

# HIGHGROVE HAPPENINGS

## Update on Our Wild Burros / Donkeys

IF you know anything about the human(s) and two dogs involved in a donkey attack on Tuesday, March 31 please report it. The burro was attacked near Keissel Road, and a local resident captured the attack on their phone.

The attacked donkey died. The two dogs involved in the attack are a large black Cane Corso and a black and tan Shepherd mix.

Animal Control Officers contacted the person who provided the video footage and photo of the dogs and got more info from residents in the area.

I spoke with a correctional officer about this and was told that this sickening display [enjoying dogs attacking donkeys] could lead to other heinous crimes. "They must be stopped."

To report activity or injured wildlife call RCDAS at (951) 358-7387 (leave a message if after hours.)

The Donkeys are protected by local and California Law (shown on the right.)

Our burros make this area an even more special place to live - and it's fun to watch and take pictures of them! The Raincross Gazette said, "*Appreciate them as part of Riverside's natural diversity.*" Let's protect the innocent creatures that live as our neighbors and show honor and respect.



*Riverside County Ordinance No. 934 says it's against the law to feed, pet or otherwise draw these animals into harms way or towards roadsides. The law says they deserve legal protection despite how close they live to us.*



California Fish and Game Code Section 4600 says it is unlawful to kill, wound, capture or possess any undomesticated burro. The Federal Wild Free-Roaming Horses and Burros act of 1971 gives them federal protection. Violating these laws through mutilation or killing can result in:

- \*Fines up to \$2,000
- \*Up to One Year in Federal Prison and
- \***Felony charges / 3 years prison** under California Penal Code 597 for animal cruelty



Dear District 1 Residents,

We are excited to share good news for our communities.

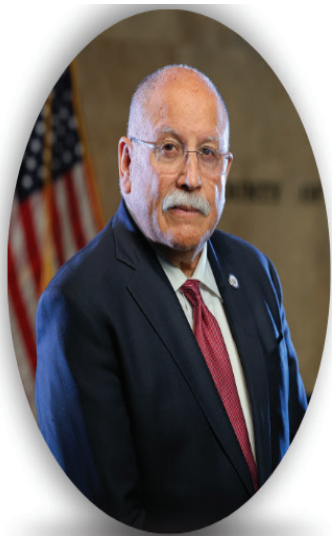
The Riverside County Board of Supervisors recently approved funding for a one-year beautification partnership between District 1 and the award-winning nonprofit Keep Riverside Clean & Beautiful (KRCB). This partnership will support cleanup and beautification efforts in Highgrove and University City, two unincorporated communities that have consistently raised concerns about litter and illegal dumping.

For decades, Keep Riverside Clean & Beautiful has been nationally recognized for bringing residents together to care for their neighborhoods. Through this partnership, KRCB will help support organized cleanups, volunteer engagement, and community pride in these two communities.

At the same time, Supervisor Jose Medina's office is working with Riverside County departments, including Waste Resources, to expand opportunities for cleanup days and volunteer participation across District 1.

Keeping our neighborhoods clean takes partnerships, and it starts with residents who care about their communities. We invite you to join us in helping keep District 1 clean, safe, and welcoming for everyone.

More opportunities to volunteer and participate in community cleanup events will be announced in the coming months. Sincerely,



Jose Medina,  
Riverside County  
Supervisor, District 1  
Office  
Phone: 951-955-1010  
Email:  
District1@Rivco.org

Jose Medina  
Riverside County Supervisor, District 1

# HIGHGROVE HAPPENINGS

## COLOR ME MINE RIVERSIDE

# May



### Petals for Mom

Date: 5/1/26  
Time: 5-7 PM  
Price: \$36



Scan the QR code to learn more about our large groups, events and parties!



### Berry Sweet Basket

Date: 5/15/26  
Time: 5-7 PM  
Price: \$30



### Daisy Days

Date: 5/22/26  
Time: 5-7 PM  
Price: \$26



**FREE STUDIO FEE**  
BRING THIS COUPON TO REDEEM ONE PER PERSON

## AMERICAN NAILS

Professional Nails Care for Ladies & Gentlemen

**(909) 370-1704**

Gift Certificate Available

OPEN HOUR

Mon-Sat: 9:00am-7:00pm

Closed on Sunday

Walk in Welcome



Facial - Product of Dermalogica

Pink & White - Acrylic Nails

Gel Nails - Seashell Nails

Crystal Nails - Nail Designs

Manicure & Spa Pedicure

22488 BARTON ROAD #102 • GRAND TERRACE, CA 92313

### ONGOING PROGRAMS

#### USDA Food Distribution

4th Friday of the month  
8:00 AM-10:00 AM. Servicing Highgrove and Grand Terrace areas.

#### Joy of Giving Food

Distribution: 4th Saturday of the month, 10:00 AM-12:00 PM  
Zumba Fitness with Letty Mon-Fri, 8:30 AM-10:30 AM \$6 per class

#### Senior Nutrition Program

Hot meals for registered participants age 60 and above, Mon-Fri 11:00 AM-12:00 PM.

#### Tuesday Bingo 12:30-1:30 PM

4 cards for \$3.00 (Includes refreshments)

#### NYCC FIT FAM

A fun, social workout designed for all fitness levels.

#### Thursdays 11:00-11:30 AM

#### Polynesian Dance with Lorena (ON HOLD)

#### Soul Line Dance with Jackie

"Dance 4 Fun 4 Life"

#### Wednesdays \$7.00/ Class

• Upper Beginners: 3:00 PM

#### Thursdays \$5.00/ Class

• Beginners: 3:00 PM

• Intermediate: 4:00 PM

#### E-Taekwondo United Martial Arts

Mondays & Wednesdays

• Lil Rhino's (3-6 yrs): 6:00PM

• Beginners (7+ yrs up to orange belt): 6:30 PM

• Advanced (7+ yrs green belt & higher): 7:15 PM

#### Thursday Bible Study: 7:15PM

#### Sunday Worship: 10AM

#### Cool Center:

Beat the heat from June to October, your temporary chill zone!

#### Warm Center

From December to March, cozy up in our warm haven during those chilly months.

#### FSA Child Development Ctr

Now Enrolling! Free or low-cost preschool programs. Call 951-342-3151.

#### SCAN FOR MORE INFO



PHONE: 951-241-7221 ADDRESS: 459 CENTER ST, HIGHGROVE, CA 92507

OPENING HOURS: MON - THU 8AM - 4PM FRI 8AM - 2PM

May 2026

## The Norton YOUNGLOVE COMMUNITY CENTER

**FAMILY - SERVICE - ASSOCIATION**  
MAY MOMENTS: MOVEMENT, MEANING & COMMUNITY PRIDE

Hello Highgrove!

May is here, and everything just feels alive, longer days, warmer weather, and more reasons to get out, connect, and enjoy our community. Whether you're stopping by for a program, picking up resources, or just saying hello, it's always good to see you. A few days ago, a longtime community member asked a great question: "What does your logo actually represent?" The answer is: it represents YOU. Our logo started as a vision for Highgrove, but it has grown into something much deeper. Every detail tells a story:

- **The Orange Tree** honors Highgrove's citrus roots; vibrant, strong, and full of life.
- **The Building & Benches** reflect our center as a welcoming space; open to all.
- **The River & Green Landscape** symbolize life's journey and our connection to Riverside County.
- **The Mountains** represent resilience and strength—we truly believe we can move mountains together.
- **The Family Figures** connect directly to our parent organization, Family Service Association (FSA), and the heart behind our mission.

And tying it all together is our motto: "Family Strength is Community Strength." It's not just a slogan, it's what we live every day here at The Norton.

**Program Update** No Bingo on Tuesday, May 19, 2026

#### Food Distribution This Month

USDA Food Distribution Friday, May 22, 2026 8:00 AM - 10:00 AM

Joy of Giving Food Distribution Saturday, May 23, 2026 10:00AM - 12:00PM

Special Visit Office on Aging Tuesday, May 5, 2026 11:30 AM - 1:30 PM

We're welcoming the Office on Aging for a special visit to share helpful resources, information, and support for our senior community. Don't miss this opportunity to connect and learn.

#### Center Closure - Memorial Day Monday, May 25, 2026

The center will be closed in observance of Memorial Day as we honor and remember those who served.

#### May Holidays & Observances

• All Month — Mental Health Awareness Month

• All Month — Older Americans Month • May 5 — Cinco de Mayo

• May 4 — Star Wars Day (May the Fourth be with you!)

• May 10 — Mother's Day • May 25 — Memorial Day (Center Closed)

• May 17 — International Day Against Homophobia, Transphobia & Biphobia

May is about movement—in our programs, in our growth, and in the way we continue showing up for one another. Thank you for being part of what makes this place so special.

With appreciation, Leila S. Center Manager

#### LET'S GET THE PARTY STARTED!

Get ready to celebrate and create unforgettable memories at our vibrant venue! Perfect for weddings, birthdays, anniversaries, corporate events, and church gatherings, we offer a fantastic space for just \$125 per hour, accommodating up to 150 guests!

Enjoy the convenience of complimentary tables and chairs, and if you're looking to whip up some delicious treats, our kitchen is available for an additional fee.

Security is also available for an extra cost, ensuring your event runs smoothly. Just a friendly reminder, a \$200 non-refundable deposit is required to lock in your special date.

Let's make your occasion truly special!



## Living Trust and Estate Planning

Because Your Family Deserves Peace Of Mind



### Why Do You Need A Living Trust?

- Plan Today How Your Assets Will Be Distributed To Loved Ones In The Future
- Avoid Costly And Lengthy Probate Court
- Protect Your Home And Your Family's Legacy

Call Today To Schedule An In Home Appointment or Complimentary Trust Review

(909) 576-6803

Riverside, CA

www.integritylivingtrust.info



**INTEGRITY LIFE PLANNING**  
PROTECTING YOUR LEGACY

Affordable - Easily Prepared - We Meet In Your Home

# FENDER BENDERZ

## 909.422.1200

### ALL MAKES

### ALL MODELS

Specializing in:

---Collision Repair & Paint

---Frame Straightening

---General Auto Repair



WE WELCOME ALL

INSURANCE COMPANIES



email us at:

fenderbenderz@att.net

# HIGHGROVE HAPPENINGS

Following the State Leadership Conference, qualifying participants will have the opportunity to advance to the FCCLA National Leadership Conference, taking place July 6–10, 2026, in Washington, D.C.

For more information about FCCLA, visit [ca-fccla.org](http://ca-fccla.org).

**79TH ANNUAL STATE LEADERSHIP CONFERENCE**  
Towards New Horizons  
**CONNECTED**  
FCCLA CALIFORNIA  
**2026**  
FAMILY, CAREER AND COMMUNITY LEADERS OF AMERICA

**FCCLA**  
CALIFORNIA STATE ASSOCIATION

Mariana Robles was chosen by our Supervisor, Jose Medina as District One's Volunteer of the Year "for her outstanding dedication to children and families in Riverside County.

A retired educator, Mariana has spent nearly six years as a Court Appointed Special Advocate (CASA), supporting 14 youth in foster care—including sibling groups and children served through the Pechanga Tribal Court. She has been a consistent, trusted presence in their lives, advocating with compassion and excellence. Her bilingual skills in English and Spanish have helped bridge communication gaps and support family reunification.

Mariana's impact is clear. She has helped reunite families, secured stable placements with relatives, supported children's educational and personal growth, and ensured proper care for vulnerable youth, including medically fragile infants.

In 2024, she was named CASA of the Year in Riverside County. Beyond her direct service, she continues to uplift foster youth by speaking publicly and supporting efforts to strengthen care systems.

Mariana Robles embodies the true spirit of volunteerism—selfless, impactful, and deeply committed. We are honored to celebrate her and thank her for her extraordinary service to our community."

The **Babylon Bee**

Join

## Newsom Says California Population Is Actually Growing If You Don't Count All The People Who Are Leaving [Est. 10 million]

POLITICS - May 4, 2026 - BabylonBee.com



# Reliable Tire

Mike, Brian, Sue, DJ, Ashley  
445 Iowa Ave  
Riverside CA 92507  
**(951) 684-1132**

Call Harry today for a FREE Magical Quote!

## Harry Houdini's

**HAUL AWAY**  
I'll Make Your Junk Disappear!

**TRASH REMOVAL & DUMP RUNS.**

CELL  
**(909) 991-8042**

# TOYTECH

- ACURA
- HONDA
- LEXUS
- NISSAN
- INFINITI

983 Center St.  
Highgrove, CA

**Auto Repair**  
Specializing In Toyota  
**951-781-7633**  
JAMES JAURIGUE  
Certified Master Technician

## California Roofing Company

Your Trusted Neighborhood Roofing Contractor  
Serving Highgrove over 50 years!

1976 - 2026  
**50**  
YEARS OF EXCELLENCE  
CALIFORNIA ROOFING

CA Lic #321398

Tile Repair / Hot Mop / Composition Shingles / Seamless Gutters / Room Editions / Patios

Give us a call today!  
**909-824-6819**  
Se Habla Español

GET FREE CONSULTATION & ESTIMATES

**BBB**  
ACCREDITED BUSINESS

*"It has become clear that mitochondrial dysfunction plays causative roles in normal aging and age-associated diseases..."*  
*-Antioxidants & Redox Signaling*

## CARCINOGENIC IMPACT 02

**Red 3 (Erythrosine)** : linked to thyroid tumors in rats.

**Yellow 5 (Tartrazine) & Yellow 6 (Sunset Yellow)**: linked to kidney and adrenal gland tumors in animal studies.

**Red 40 (Allura Red)**: linked to immune system tumors in mice. Some studies suggest a link to DNA damage and cell mutations, (risk factors for cancer development).

**Blue 1 and Blue 2**: Blue 1 is not conclusively linked to cancer, but associated with potential neurotoxicity and DNA damage in lab settings. Blue 2 is associated with brain gliomas in male rats in long-term studies.

*Originally designed to be Lubricants for Machine Engines, Seed Oils are now accepted as human food. These Oils create free radicals in the body when ingested. Obesity and disease are up. This correlates with the consumption of these oils, in a way that appears causative (research seemst to be confirming this.)*

*For a healthy family, get them out of your house! Try butter or coconut oil, tallow or lard - something made in nature as great-grandma used!*

Your brain is nearly 60% fat.

And it's supposed to be that way.

But are you feeding it the right kind?



*"...camels don't actually store water in their humps, as commonly believed by children. Their humps are large deposits of fat. This fat not only serves as a large store for energy, but when this fat is metabolized through oxidative phosphorylation, water is generated..."* - Lee Know, ND in *LIFE: The Epic Story of Our Mitochondria*

## FOOD INGREDIENTS YOU MUST AVOID

- ULTRA-PROCESSED SUGARS AND STARCHES:** Sugary Drinks, Candy, Chips, Cookies, Crackers, Pretzels, Donuts, Cereals, Pop Tarts, etc.
- SEED OILS AND DAMAGED FATS:** Corn Oil, Soybean Oil, Safflower Oil, Cottonseed Oil, Canola Oil, Hydrogenated and Partially Hydrogenated Oils
- CHEMICAL AGENTS:** Artificial Sweeteners, Preservatives, Emulsifiers, Pesticides/Herbicides, etc.

DRJOCKERS

### Repairing Your Body (From Front P.)

I was so exhausted I couldn't get off the couch on my days off. I only worked three days per week at the time, but it felt like seven. I had to muster up so much just to force myself to get into the shower and prepare for work.

At night, I didn't sit down until dinner was on the table because I knew I would only be able to get up once more to drag myself to bed at bed-time.

And my sleep was terrible. It has been years and now I sleep well, and have energy - and I am 61! This is the first thing I forced myself to do.

*"Overwhelming evidence exists that lifelong exercise is associated with a longer health span, delaying the onset of 40 chronic conditions/diseases. What is beginning to be learned is the molecular mechanisms by which exercise sustains and improves quality of life."* - Cold Springs Harbor Perspectives in Medicine

But it was so hard for me! How about you? I really hated the thought of running, jogging - or even walking, to be perfectly honest.

But I do like to dance. And play tennis. So I started with something I enjoyed and wouldn't mind making a habit of.

But it did take time.

Creating a new habit is never easy. Remember the law of physics that an object in motion tends to stay in motion? And that inertia - or not moving - is the hardest part to overcome?

*Your mind is strong enough to do it!*

It has now been decades of three days per week of dance (most weeks) and I love it. I still have to plan when I will go every week to be sure it happens, but I no longer have to set my clothes out (I just keep my favorite exercise clothes clean.)

I normally have no aches and pains, but I just realized that my left hand has been hurting. The motions my dance instructor recommended has helped.

But I now believe it hurt because I didn't use it!

*"All parts of the body, if used in moderation and exercised in labors to which each is accustomed, become thereby healthy and well developed and age slowly; but if they are unused and left idle, they become liable to disease, defective in growth and age quickly."* - Hippocrates c. 500 BC

My mission is proclaiming from the rooftops that *God's Design makes sense*. Repairing your cells - and your family is possible! You don't have to suffer the results of lifelong damage from man's meddling with nature!

Sign up below if you want more help or info on this. (To Be Continued...)



**Momma RAC's Column**

[stan.store/cynthia\\_17](https://stan.store/cynthia_17)

*Fight lies / Protect family!*



# HIGHGROVE HAPPENINGS

**Texas 2026 Gas Price ->**  
 What can Californians do  
 to get a price like this? -->  
 Put different representa-  
 tives in?



*You lose very little by deciding to live  
 a faithful life, and if all that dogma  
 is essentially correct, you might get to  
 spend eternity in paradise. If there is no  
 God, you just die like everyone else.*  
 - Will Rahn, The Free Press



**Mike Barnett**  
 Lead Brand Strategist: SmartEpicStrategies.com  
 American Advertising Federation Board Member  
 Public Speaker  
 Award Winning Designer



## HIGHGROVE CHURCHES



*You are invited!*



### Schedule of Services

Youth ministry for all services

Nursery for all services

**Sunday 10:00 am - Sunday School**

11:00 am - Worship Service

6:00 pm - Evening Worship

**Wednesday 7:00 pm - Bible Study**

**Pastor John Pettit**

**951-318-3856**

**Church Phone: 951-784-1100**

45 Michigan Avenue, Riverside, CA 92507

**ZION ASSEMBLY**  
 CHURCH OF GOD  
 1061 Center St., Highgrove  
**Come Join Us For Worship**  
 Sunday School For All Ages At 10:00am  
 Devotion & Worship Services At 11:00am  
 Tuesday Evening Bible Study At 7:00pm  
 Saturday Morning Prayer At 9:00am  
**Pastor Pete Sarry 951-237-2337**

**BE PART OF CHANGE**  
**MINISTRIES**  
 | SUNDAY SERVICE |  
 & CHILDREN'S  
 MINISTRY  
**BEINGS @ 10 AM**  
 DIGITAL OFFERING  
 OPTIONS  
 DR JOIN  
 TITHELY  
 DISCIPLESHIP  
 THURSDAY  
**BEINGS @ 7:15PM**  
 PASTORS  
 JOHN & KATHY  
 BRAXTON  
 459 Center St. / Riverside, CA  
 92507

**Discipleship**  
**STEPS to**  
**Maturity Class**  
 Tuesday Evenings @ 7:15pm  
 ALL ARE WELCOME  
 459 Center St. Highgrove

**Open Hearts**  
**Open Minds Open Doors**  
 Highgrove's Oldest Church  
**Free Community**  
**Breakfast**  
**May 30th, 2026**  
 938 Center St.  
 "Serving Highgrove  
 since 1890"  
 Pastor Dr. Martin  
 Niponi Finau

**HIGHGROVE UNITED**  
**METHODIST CHURCH**  
 Sunday Worship 9:30 am

## Honoring Lives, Celebrating Memories



### Hacienda Funeral Home

1175 Center St.

Riverside, CA 92507-1023

951-295-1090

- ♥ Plan Ahead With Us
- ♥ Minimize the tough plan of loss for the people you love
- ♥ Lock in the cost at today's prices
- ♥ Do it your way
- ♥ Call us today!

We offer  
 traditional  
 burial services  
 and cremation.

# Support our local businesses



**Chevron**  
**ExtraMile**

Open 24 Hours  
ATM  
LOTTO




**951-682-9000**  
1340 Center St., Highgrove, CA 92507

## Grand Terrace Smog

*Big or Small we Smog 'em All!*

**FAST FRIENDLY SERVICE**  
**NO HIDDEN FEES**  
**OVER 20 YEARS IN BUSINESS**



Mon-Fri  
8:30am-5:00pm

Saturdays  
8:30am-1pm

We accept Checks

12210 Michigan Suite #1  
Grand Terrace  
Appointments & Walk-Ins Welcome  
**909-824-7664**

## FAIR PRICE CARPETS

*Flooring & Window Covering Specialists*



**Your Local Home Remodeling Destination**

Quality Flooring • Window Coverings • Showers • Expert Installation



Visit Our Showroom  
1070 Center Street • Riverside, CA  
(951) 684-8578  
FairPriceCarpets.com  
Tuesday – Saturday | 8:30 AM – 4:30 PM  
Lic. # 331756

### Your Neighborhood Realtor



Call for your free evaluation on your home

**Livia Earp**  
**Phone: (951) 850-5508**  
**Livearp1@gmail.com**  
CA. BRE # 00458583




**Smash.ie**  
GOURMET SMASH BURGERS

300 MT. VERNON AVE.  
RIVERSIDE, CA 92507  
(BETWEEN CENTER & SPRING)

HOURS:  
SUN 4-7 PM  
T-TH 5-8 PM  
FRI-SAT 5-8:30 PM



## ALL YOU CAN EAT SHRIMP Thursday!

ENDLESS BREADED SHRIMP WE'LL KEEP THEM COMING!

**ONLY \$18.99!**  
AFTER 4 PM

Why pay more at  
**OUTBACK STEAKHOUSE** **RED LOBSTER SEAFOOD • LIVE LOBSTER** **BLACK ANGLUS STEAKHOUSE**

...when you can get

- ✓ MORE SHRIMP
- ✓ BETTER FOOD
- ✓ BETTER PRICES
- ✓ FAMILY-OWNED SERVICE

**EVERY THURSDAY NIGHT! AFTER 4 PM**

**INCLUDES:**  
TOP SIRLOIN STEAK + BAKED POTATO  
DINE-IN ONLY • NO SHARING

## WOODY'S

ROADHOUSE & CLASSIC GRILL

★ SERVED AT BOTH LOCATIONS ★  
AFTER 4 PM

BETTER QUALITY BETTER PRICES BETTER SERVICE BETTER COME BY!

THANKS FOR SUPPORTING A  
★ **LOCAL FAMILY BUSINESS!** ★

**WOODY'S Roadhouse & Classic Grill**  
~ Colton ~ and ~ Grand Terrace ~

**IMPROVING OUR COMMUNITY** by encouraging Family, Health and Local discussions

**Editors** Cynthia Cruz  
**Writers** Cynthia Cruz, Eden

Send us your feedback and articles!  
We cannot publish all, but read and take your ideas to heart! Cynthia 951-321-9337  
Cynthia@HighgroveHappeningsNewspaper.com  
HighgroveHappeningsNewspaper.com  
34 Years of Local News

