



HIGHGROVE HAPPENINGS

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HighgroveHappeningsNewspaper.com
x.com/HighgroveNews

OCT 2026

Highlights from the September MAC Meeting

Supervisor Medina and his wife, Linda, his Chief of Staff, Seline and Senior Legislative Assistant, Araceli attended - and stayed for - the whole MAC meeting.

His Senior Legislative Assistant, Araceli has Office hours at the Highgrove Library on the 1st and 3rd Tuesday of every month 1:30-4:30pm if you need to bring a concern to the Supervisor's attention.

Highgrove Quiet Zone

"The Consultant has completed his study and is now engaging stakeholders - including the railroad - and we expect the consultant to provide a draft of the study to the County by November of this year." - Supervisor Medina

Veterans Benefits / Bill Status

If you have questions or concerns about VA benefits, or if you have concerns about a bill, please contact Toni Rosales at Assemblyperson Castillo's office 951-371-6860

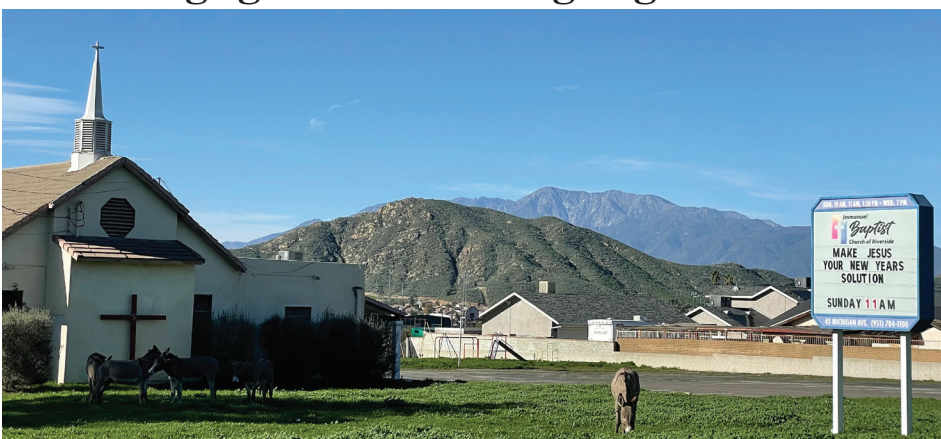
Residents' Concerns

SMR resident brought up concerns about speeding, burnouts, street damage and concerns for wildlife and was directed to the CHP and Sheriff's Departments (numbers on P. 2) Also requested is grass instead of gravel for the new park to be more friendly to our pet dogs.

EMD and Flood Control Reported that Governor Newsom Proclaimed a "State of Emergency" for the state of California 9/22/26, just in Case El Nino, "the weather phenomenon that influences storms" causes problems.

But the direction of the Jet Stream will determine IF California gets storms and where.

Highgrove MAC Highlights Cont. P. 7

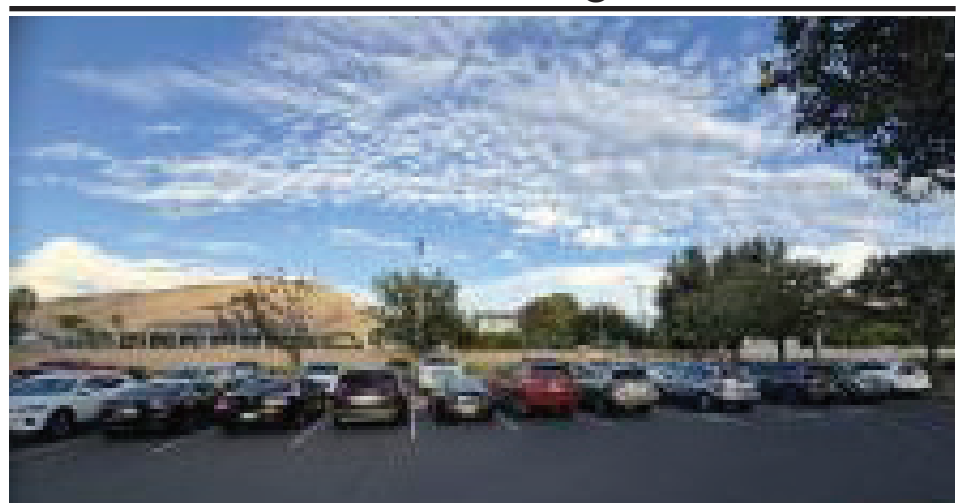


Thank you Supervisor Medina and KB Homes for a new sidewalk and blacktop on Michigan. Water will no longer flood the church parking lot and we can *walk to church!*



The Riverside County Planning Director, John Hildebrand was scheduled to have a presentation at the MAC Meeting September 23rd, 2026.

Mr. Hildebrand wasn't able to attend our MAC Meeting as the Mead Valley Planning meeting that day went late. Telling us the Plans for Highgrove's empty land parcels has been rescheduled for the Nov.18th MAC meeting.



Highgrove Memories

In case you weren't able to make the well attended Highgrove History Event on September 8th, *"Barney" brought the pictures to life with his stories!* Many exclaimed after that they really enjoyed it.

Memories Cont. P. 2

HIGHGROVE HAPPENINGS



Highgrove Memories (Cont. From Front Pg)

I also sat next to another long time resident, Sylvia, who had her own pictures and perspective on Highgrove memories that she is willing to share (*See November Highgrove Happenings*)

I'm thinking *Highgrove Memories* might make an interesting column!

Email or call me if you have some Highgrove memories and pictures to share! I'll do what I can to make room for them!

And remember, past issues of the Highgrove Happenings are on "Barney's" website as well as linked midway down at:

[https:// HighgroveHappeningsNewspaper.com](https://HighgroveHappeningsNewspaper.com)
cynthia@highgrovehappeningsnewspaper.com



Good Things Happen When We Go to The MAC!

Remember waking up in the middle of the night by m80's or gunshots? Ones that seemed to move from one area to another?

Our poor dog remembers!

It seems to have improved - (Or am I just sleeping more soundly?) Please *mark your calendar for the next MAC Nov. 18* as it is one week early to avoid conflicting with Thanksgiving.

At the Sept. Highgrove MAC, we were told to CALL CHP ABOUT NOISE AT NIGHT (909) 388-8000 Let's All Call! or Riverside County Sheriff Dept.



(Jurupa Valley covers Highgrove)
951-776-1099 EXT.5

"Government Officials need to be held accountable." - Supervisor Medina

Prop. 1: Borrow \$11.25 billion for housing

Prop. 2: Raise limit on rainy day fund deposits

Prop 4: Allow public financing of political campaigns

Prop. 37: Create low-cost mortgages for homebuyers

Prop. 43: *Requires 66 & 2/3% vote* instead of 50% to make you pay more taxes and *makes it harder to pass new taxes* (like sales, parcel, utility and real estate)

Prop. 44: Require more clinic spending on patient care

This rough overview [*except 43*] is from Cal Matters.org **PLEASE BE SURE TO READ THE PROPOSED BILLS BEFORE YOU VOTE!** or go to SOS.ca.gov for more on this November's elections.

**Next Highgrove MAC Meeting:
November 18, 2026, 6 pm
at the Highgrove Library**

"The average antidepressant has 2349 side effects including suicidal thoughts."

- CCHR.Org

Natural Mood Enhancers include:

- *Sunshine (a day at the beach!)
- * Exercise (aerobic)
- * Protein (especially organ meats for B₁₂ etc)
- * 5-HTP

Have you tried these?

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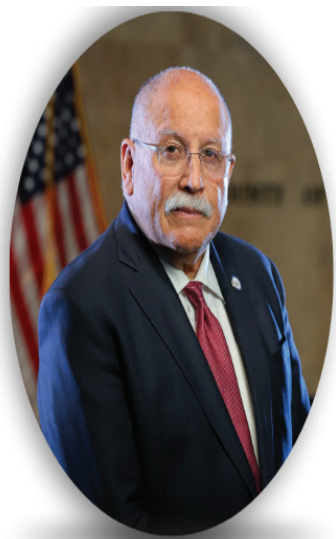


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Jose Medina,
Riverside County
Supervisor, District 1
Office
Phone: 951-955-1010
Email:
District1@Rivco.org

Dear District 1 Community,

Join Riverside County Supervisors José Medina and Karen Spiegel for Donuts & Dialogue!

- ☐ Wednesday, October 7, 2026
- ☐ 9:30 AM – 10:30 AM
- ☐ Eddie D. Smith Senior Center
5888 Mission Blvd., Riverside, CA 92509

Come enjoy some donuts and conversation while sharing your thoughts, ideas, and priorities for Riverside County. This is an opportunity to connect directly with your County Supervisors and discuss what matters most to you and your community.

We want to hear from you! Join us for a morning of meaningful conversation, community connection, and, of course, donuts.

We hope to see you there!

Sincerely,

Jose Medina
Riverside County Supervisor, District 1

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HIGHGROVE HAPPENINGS

OCTOBER

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Jack-O-Lantern
Date: 10/9/26
Time: 5-7 PM
Price: \$32



Haunted House
Date: 10/16/26
Time: 5-7 PM
Price: \$30



Button Eye Girl Painting
Date: 10/23/26
Time: 5-7 PM
Price: \$25 online, \$30 day of

Scan the QR code to learn more about our large groups, events and parties!

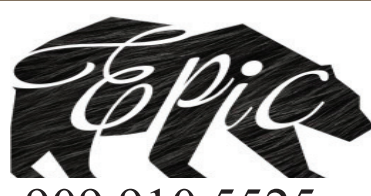


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Every year, one and a half million lives could be saved *by prevention*. Many of the top killers in this country have been shown to be preventable with lifestyle changes (according to the CDC website.) Why have you not heard this much?

Goldman Sasche said in an article, "Is curing patients a sustainable business model?"

"While acknowledging that cures offer tremendous value to patients and society, the analysts concluded that the shift from chronic therapies to curative gene therapies presents a significant challenge for developers seeking **sustained cash flow**."

I don't know about you, but for me, having my family provide sustained cash flow for pharmaceutical companies is not an option.

I will not sacrifice my family's health on the altar of drug company profits.

That means we have to live differently.

You have a choice. You can look at your lifestyle and become determined to change to save your life. That will set you apart from the crowd and literally *make you one-in-a-million*.

But most people won't do it.

It is easier to make excuses or pass the responsibility of your health onto someone else. Some people would rather be a victim than say, "It's my fault." But know, that if it IS your fault - you can change it! Follow my FREE Substack for help protecting your family through lifestyle/mindset.



Momma RAC's Column
stan.store/cynthia_17
Fight lies / Protect family!



HIGHGROVE HAPPENINGS

Highgrove MAC Highlights Cont. from Front P. They recommend listening to authorities - for your own safety - and not trying to pass a road that gets closed for inclement weather.

"Official" sources of information were also suggested. Empty sand bags are available. Ask about flood insurance if you have a concern. They explained "Shelter-in-place" and gave an example. RivCoReady.org/storms

Planning can get millions of dollars for housing grants if you know any homeless looking for a place, contact Planning about their "Pro Housing Plan."

As mentioned on P. 1, the Planning Director is to give Highgrove an update on our empty

land plans on the November 18th MAC meeting - please plan to attend!

Riverside Agricultural Commisioner.org gave a presentation on how they keep the weights and measures of what we purchase honest. Inspections are public record and available by request. Yes, a common concern for them is card scammers using new tech - especially at gas stations.

Lena Cardenas represented Senator Cervantes' office. She sent ten bills to the governor, five of which have been signed.

She also is offering a program Sat., Oct 17 about Mobile Home rights at the La Sierra Senior Center Ballroom



HIGHGROVE CHURCHES



Immanuel Baptist Church of Riverside

Schedule of Services

Youth ministry for all services

Nursery for all services

Sunday 10:00 am - Sunday School
11:00 am - Worship Service
6:00 pm - Evening Worship

Wednesday 7:00 pm - Bible Study

Pastor John Pettit
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