Thanks Be to God

HIGHGROVE HAPPENINGS

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NOV 2026

Keep Riverside Clean & Beautiful - Highgrove

Would you find it encouraging to have help keeping your neighborhood clean? Andrew was helping with the Highgrove cleanup in September and said that there was great community participation and ***people were waving as they drove by and thanking him for cleaning up!***

Stephanie is runnng KRCB. This is the first project outside of Riverside City that they have done in the county.

Students from the local, Grand Terrace and Del Lago High Schools and even students from UCR participated enthusiastically.

Stephanie explains, "At the heart of Keep Riverside Clean and Beautiful, is a deep love for our city and a belief in the power of people working

CleanUp Highgrove (Cont. P.7)



Riverside Co Planning Slight Zoning Change

At the Planning Commission meeting on Wednesday, October 21, 2026 Agenda item 3.1 changed the zone ***from commercial to manufacturing*** just North of Kluk Lane, south of Mary Knoll Drive, west of West La Cadena Drive, and east of Cadena Creek (APN 246-110-019); ~0.17 net acres / 7,200 sq ft vacant commercial lot.

Andrew Krajacic has planned to build a new 3492 sq ft concrete masonry unit (CMU) mini-warehouse/office building on the lot.

The zone change and plot plan still require final action by the Board of Supervisors after any Planning Commission recommendation. For the latest on the outcome, check the meetings page or contact the Planning Commission Secretary at (951) 955-7436.

Next Highgrove MAC Meeting:
November 18, 2026, 6 pm
at the Highgrove Library
Riverside County Planner,
John Hildebrand to Present
Plans for "open space and land use"



AD-HOC Committee to Investigate Sheriff

Supervisor Medina and Supervisor Karen Spiegel have worked together to create a citizens committee to investigate the Sheriff's Department.

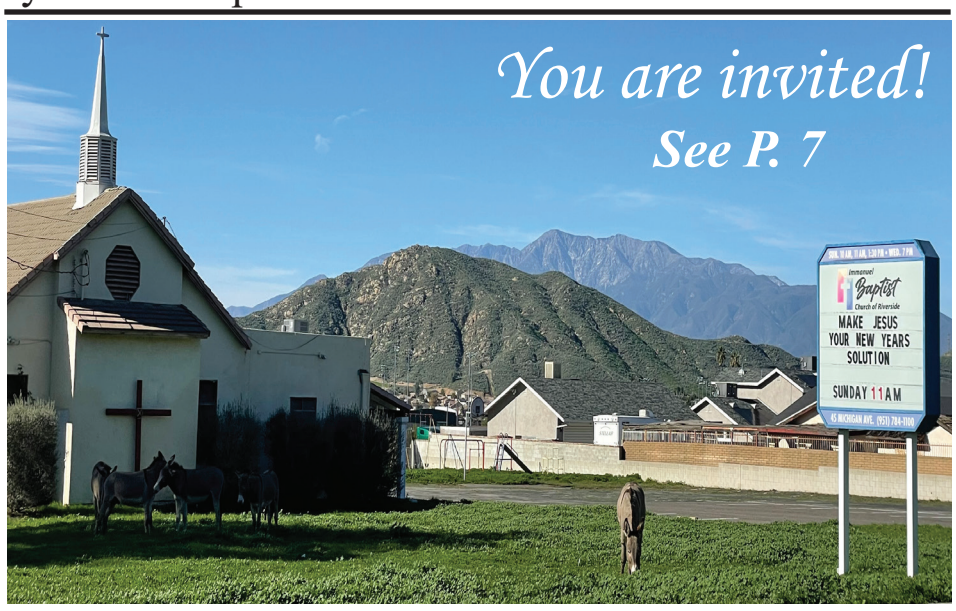
They are investigating the systems and processes, not individual complaints.

Systems and processes are always good to review. A friend of ours retired recently from the prison system. He made clear there is a lot of nuance to consider... anytime you deal with people, there is much that the systems and processes in place will not necessarily show.

He remembered ***one incident*** that was broadcast on media as-nauseum. He thought that incident was an anomaly, but it was repeated so much that many thought it was normal. He said that may be why they considered further investigation necessary.

I know little of prisons and Sheriff systems, but as a resident of unincorporated Riverside County, I know that we would likely have moved if Sheriff Chad Bianco hadn't handled Covid in the wise and gracious way that he did!

We are grateful for the Sheriff protection we have had here and pray that improvements to the systems and processes are the result of their Ad-Hoc.



Highgrove Memories



Sylvia's Mom (2nd from Rt), and her Godmother, Lilli (3rd from Rt); Highgrove Residents for Many Years Working at the Packing Plant in Highgrove

If you have old memories in Highgrove, or stories you'd like to tell about what you or family members experienced here, we would be honored to share them. Please submit for consideration to: info@highgrovehappeningsnewspaper.com

HIGHGROVE LIBRARY

Riverside County Library System

November 2026

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3 STEAM: 3:30PM-4:30PM	4 Preschool Storytime 11:30AM-12:30PM; Brick Building Club 1:30PM-2:30PM	5	6 Chess Club 3:30PM-4:30PM	7 Meet the Author: Jose Chavez "Poems for Teachers" 1PM-2PM
10 STEAM: UCR STEMsters Flight Test 3:30PM-4:30PM	11 LIBRARY CLOSED Veterans Day	12 Community Resource Fair 12PM-4PM	13 Chess Club 3:30PM-4:30PM	14 Junk Journaling 1PM-2:30PM; Dragons & Librarians 2:30PM-3:30PM
17 Listos: Emergency Readiness 8AM-12PM; STEAM: 3:30PM-4:30PM	18 Listos: Emergency Readiness 8AM-12PM; Preschool Storytime 11:30AM-12:30PM; Crafty Corner 1:30PM-2:30PM	19 UCR Gluck Fellows: Spanish Bilingual Sing-A-Long 4PM-5PM	20 Chess Club 3:30PM-4:30PM	21
24 STEAM: 3:30PM-4:30PM	25 Preschool Storytime 11:30AM-12:30PM; Library closes at 5:00 p.m.	26 LIBRARY CLOSED Thanksgiving	27	28

Children
Teen
Adult
STEAM
All Ages

COMMUNITY RESOURCE FAIR
THURSDAY, NOVEMBER 12
12PM-4PM
Explore FREE family and health resources from our community partners. Free haircuts, manicures, giveaways, senior gift basket making, and more!

Scan the code or visit rivlib.net and click on the Events tab to see all programs happening at your library!

CHECK US OUT ON SOCIAL MEDIA!
@Highgrove Library
@Highgrove.Library

"Over the years, I have become convinced sunlight is one of the most essential nutrients for the body." - Dr. Mercola, Author of Dark Deception: Discover the Truths about the Benefits of Sunlight Exposure

At the Sept. Highgrove MAC, we were told to CALL CHP ABOUT NOISE AT NIGHT (909) 388-8000 Let's All Call! or Riverside County Sheriff Dept.



(Jurupa Valley covers Highgrove) 951-776-1099 EXT.5

"Government Officials need to be held accountable." - Supervisor Medina

Contaminated "Beef" to Avoid?

Sounds like a conspiracy... thousands of pounds of contaminated beef entered the US food supply while horses go missing in Argentina? True? No clue!

The ideal way to source food, is by knowing the source personally.

Why should we be dependent upon a supply chain that so often breaks - when ***there are farmers, ranchers and growers all over California***?

If we knew a local farmer that grew (hopefully organic or sustainable!) fruits and vegetables and a local rancher for our chicken, beef and other meats (hopefully without steroids like Rbgh, or other drugs or chemicals or manmade "meats"!) we would be in much better shape for food security - because ***we wouldn't be relying on a broken food chain - we would be relying on our neighbor!***

Look at the ingredient label next time you find beef. I was buying from Trader Joes, "organic" beef - but it comes from Argentina, the US and another country. How do you control the quality when the beef comes from three different countries?

For that matter, that raises many more questions... how do you mix beef like that? Sounds kind of sketch to me!

So, what about when you go out to eat? How do we source healthy food at a restaurant?

We can talk to the owner. I spoke to Derek at SmashIE and he said he sources his beef from Harris ranch in California.

I will do what I can to find more local, quality food sources! If you find a source you're willing to share, email me at:

cynthia@highgrovehappeningsnewspaper.com



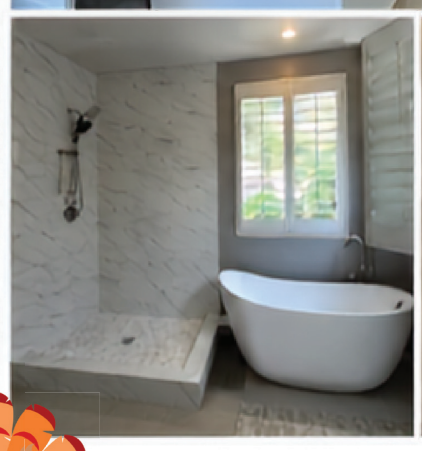
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Jose Medina,
Riverside County
Supervisor, District 1
Office
Phone: 951-955-1010
Email:
District1@Rivco.org

The Ad Hoc Committee Supervisors Jose Medina and Karen Spiegel created by the Riverside County Board of Supervisors on July 14, 2026, is to evaluate advisory and oversight options for the Riverside County Sheriff's Department.

Its core charge, as stated in the official work plan, is to:

- Conduct a time-limited, fact-based review of the County's existing advisory, accountability, transparency, and oversight mechanisms related to the Sheriff's Department.
- Identify any problems or gaps that warrant action and the outcomes the County seeks to achieve.
- Evaluate a full range of potentially viable approaches (from the status quo or targeted improvements to advisory commissions, independent auditors/monitors, Inspectors General, hybrids, or other models) and the legal authority required to implement them.
- Recommend the approach or combination of approaches, if any, that best fits Riverside County's operational needs, governance responsibilities, fiscal capacity, and community expectations.

Guiding principles include starting with problems and desired outcomes (not a predetermined structure), no predetermined result, balanced participation from community members, affected individuals/families, Department employees, labor groups, and experts, evidence-based analysis, and actionable recommendations that include purpose, authority, structure, staffing, costs, implementation steps, safeguards, risks, and success measures.

The review focuses on systems, structures, policies, aggregate trends, and governance across patrol, custody/jail operations, contract-city services, and relevant coroner functions—not individual incidents or employee conduct.

Final findings and recommendations are to be presented to the full Board of Supervisors for the final action decisions at the first regularly scheduled meeting (expected around January 12, 2027).

Jose Medina
Riverside County Supervisor, District 1





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Is our Family Just "Lucky"? or Are We Keepers of Secrets You Should Know?

I can't express enough how important this is.

I was standing in church last Sunday, and I watched a mom I love walk past me carrying a folder of hospital paperwork for her son. Third surgery this year. She's a good mom. She's a better mom than I am, honestly. And I thought the thing you're not supposed to say out loud. Why is that her and not us?

Because we are not special. I promise. Same germs, same town, same grocery stores. But I stood there doing the math and the years don't match up. Our children are adults who between them went to the doctor only once growing up.

So I came home and prayed... again I was drawn to Dr. Price.

Dr. Price was a dentist. He'd look in people's mouths and see one person's teeth holding strong and another person's falling apart. He became convinced the difference was what they were eating. He couldn't let it go.

Then he almost died.

He'd just finished dental school and opened an office in North Dakota when he got typhoid fever. Nearly killed him. His older brother Albert, an inventor out in Cleveland, dropped everything and went out to bring him home, because he was too thin to travel by himself. And when he got home, a relative, William Delmage, took him up to a lake in the woods and camped with him. No

Keeper of Secrets (Cont. P. 6)



Local Family Fun Ideas!



Whenever I see a green sign on the side of the freeway announcing a botanical garden, I think, oh! How I'd love to have the time to explore that... somehow forgetting that ***we have amazing botanical gardens right in our backyard!***

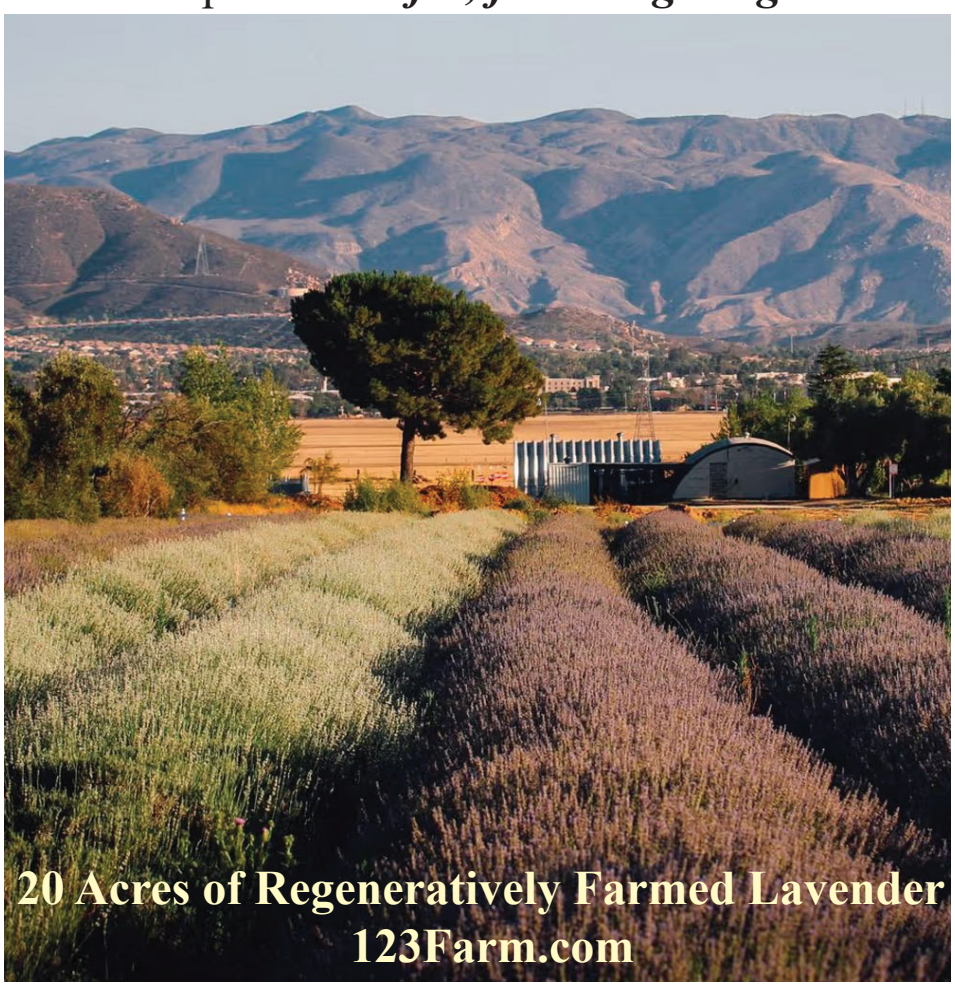
UCR Botanical Gardens considers their 40 acres ***a living museum***, rather than just a garden.

"Four miles of trails wind through hills, specialty gardens, and a turtle pond, offering free public access with a suggested $5 donation." Bird Walk, Twighlight Tours, School Tours and even Virtual Tours available!



Christmas Nights This location is near Yucaipa at 123Farm. It is famous in my mind for ***the Lavender Festival*** in late summer, but they have special Christmas season events starting November 5th.

Pictured below in summer, this time of the year, 123 Farm has twenty acres of organic lavender lit up in ***beautiful, festive lighting.***



Check out their other seasonal festivals and ***regenerative farming*** that's been part of this land since 1884. Genuinely good. (123farm.com)

The Historic Mission Inn Hotel & Spa 34th Annual Festival of Lights

Switch-on Ceremony: Saturday, November 21, 2026 at Orange St. and Mission Inn Ave. Arrive no later than 4:30 pm for a prompt 5pm show with fireworks to follow. | ***Lights*** can be viewed: Sunday, ***November 22 - December 31***, 2026

Closed Thanksgiving & Christmas Day

Downtown Riverside becomes a Festival!

Enjoy millions of holiday lights and experience the magic of the holiday season throughout downtown Riverside. ***Live music, food and a beautiful place to stroll, shop and enjoy family and friends*** (love to show this off to out-of towners visiting!)

"We believe herbs have the power to create change." - Traditional Medicinals

Keeper of Secrets (Cont from P. 5)

doctor. No hospital. Just fresh air sunshine, good water, salmon, trout, huckleberries, wild raspberries - whatever they could pull out of that lake.

And William was a Christian man, so I'm certain they prayed. That's how the men in that family worked. Pray, then go get in the boat;-)

Weston A. Price got well. He loved that lake so much he later built a retreat on it, so other people could enjoy the same shore. He married his wife, Florence and brought her there for their honeymoon.

Here's what I want you to see, because it's the whole reason I teach the way I teach.

He didn't get well by finding one amazing food.

He got well ***being out in the sun***, ***moving his body, praying*** with a man who loved God, and ***eating food as God intended. Real food taken with thankfulness.*** All of it together. No prescription. No doctors. No dentists. No grocery stores. No hospitals. I call it original Design.

So ***he researched people who lived like that.*** They had babies who were born at home. There were no hospitals, doctors or dentists. Healthy people who had their own teeth through old age.

Dr. Price didn't just write down what they ate. ***He measured what was in their food*** to see what those people were actually getting that we don't. That's what makes his work different from other research. He had numbers, and he was ***studying what healthy people did*** - not what the sick did.

I help moms keep their family healthy by preparing a natural family medicine chest they understand and can afford, in one afternoon. This is how we kept our children healthy. Go to the link:



Momma RAC's Column
cynthiacruz.eden.so
Fight lies / Protect family!



Clean Up Highgrove (Cont. from Front Page)

together. As a local nonprofit, we create ***volunteer opportunities and community programs*** that encourage residents to take simple, meaningful actions; from picking up litter to caring for shared spaces.

Our mission is to instill a sense of community pride by creating partnerships that work toward the beautification of the city. These partnerships transform good intentions into visible progress and remind us that ***caring for our community is something we can all do.***

It may be tempting to think, "I did not create that mess," or "that's someone else's responsibility." Yet positive change often begins when one person chooses to ***lead by example***. Picking up a piece of litter, reporting an issue, caring for a neighborhooded space, or inviting a neighbor to join a cleanup may seem small, but each action encourages habits of stewardship and shows others what community pride looks like."

She recommends you check out RivCoNow for more community resources.



HIGHGROVE CHURCHES



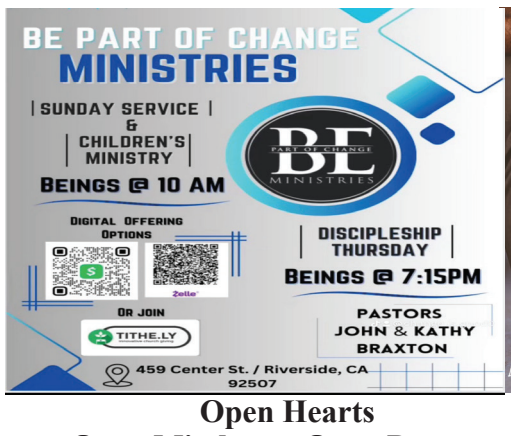


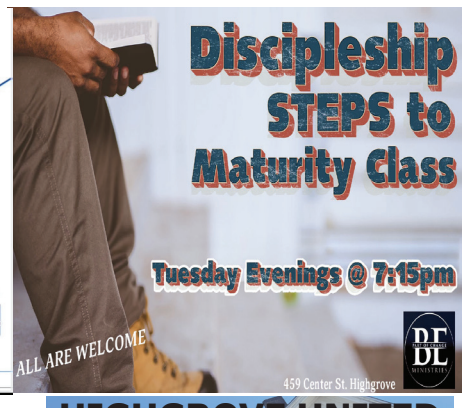
Immanuel Baptist Church of Riverside

Schedule of Services

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11:00 am - Worship Service
6:00 pm - Evening Worship
Wednesday 7:00 pm - Bible Study
Pastor John Pettit
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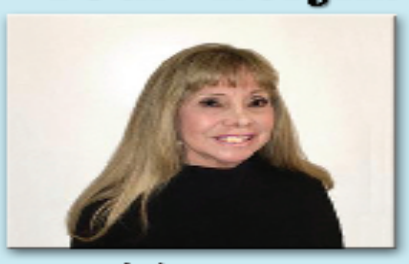
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